

HAIRDRESSING – GRADE 11

Name: _____ Date: _____

Grade: _____ Section: _____

Semester: 1st Week: 3-4 SSLM No. 3 MELC(s): Shampoo and Condition hair

➤ Objectives:

1. Familiarize the procedures in shampooing and conditioning.
2. Explain the benefits and importance of shampooing and conditioning.
3. Create a collage or scrapbook that demonstrates shampooing, conditioning, and sanitation procedures.

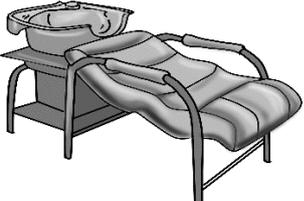
➤ Title of Textbook/LM to Study: TVL-HE Hairdressing, Q1 SLM3, Q3 SLM1

➤ Chapter: None Pages: _____ Topic: Apply Shampoo and Conditioner



Let Us Discover

Implements and materials used in performing shampoo service

 <p>Shampoo Cape</p>	 <p>Comb</p>	 <p>Shampoo bed/ Shampoo bowl</p>
 <p>Shampoo</p>	 <p>Conditioner</p>	 <p>Towel</p>

PROCEDURES IN HAIR SHAMPOOING

1. Ask the patron to sit by the shampoo bed. Let the customer sit comfortably in a chair.
2. Draw the back of the shampoo cape on the outside of the shampoo chair to prevent water from leaking from the client's back.
3. Turn on the water sprayer and direct the nozzle at the patron's hair. Adjust the water temperature according to the patron's needs.
4. Use one hand to lift part of the hair, soak the scalp with water, and thoroughly wet the hair. Move one of your hands and soak the scalp with water. When you move the spray around the hairline, shift your hands to protect the patron's face, ears and,neck from spraying.
5. Apply a small amount of shampoo around the hair, then use your fingers to lather.
6. Manipulate the scalp.
7. Rinse hair thoroughly with a strong spray of lukewarm water.
8. Shampoo again, if necessary, then rinse with water.
9. Squeeze excess moisture from the hair and apply conditioner. Distribute the conditioner by combing the hair.
10. Leave the conditioner for 10 minutes or follow the manufacturer's recommendations.
11. Dry the hair with the towel.
12. Start combing the patron's hair from the end of the nape.
13. Blow-dry and style the hair according to the patron's desires.

MESSAGE TECHNIQUES FOR SHAMPOOING

The following massage techniques should be performed using finger pads or palms. Do not use nails, as this may scratch the patron's scalp and cause infection.

Strokes		
1. Effleurage	Using the palms of the hands.	<ul style="list-style-type: none"> • Slow, soothing, stroking movement • Spread's shampoo • Relaxes the client
2. Rotary	Using the pads of the fingers	<ul style="list-style-type: none"> • Round, circular movements • Stimulates scalp • Removes dirt and grease.
3. Friction	Using pads of the fingers	<ul style="list-style-type: none"> • Lighter; quicker movements than rotary • Gently stimulates scalp

SANITATION PROCEDURE AFTER SHAMPOOING

1. Discard the used materials. Put unused supplies in appropriate locations.
2. Put soiled towels in the basket.
3. Remove the hair from the comb and brush, disinfect it within the prescribed time.
4. Clean the shampoo bowl and remove any loose hair.
5. Sanitize the shampoo bowl after each patron.
6. Disinfect your hands with soap and warm water.



Let Us Try

LET ME THINK

Direction: Read and understand the lesson by underlining the highlighted word/s that complete the thought of each sentence.

1. Rinse hair thoroughly with a strong spray of (**lukewarm, cold**) water.
2. Apply a (**large, small**) amount of shampoo around the hair, then use your fingers to lather.
3. Leave the conditioner for 10 minutes or follow the (manufacturer's, operator's) recommendations
4. (**Discard, Keep**) the used materials. Put unused supplies in appropriate locations.
5. Dry the hair with (**towel, blow-dryer**).
6. Ask the patron to sit by the (**shampoo bed, hydraulic chair**). Let the customer sit comfortably in a chair.
7. Squeeze excess moisture from the hair and apply (**conditioner, shampoo**).
8. Draw the back of the shampoo cape on the (**inside, outside**) of the shampoo chair to prevent water from leaking from the client's back
9. Start combing the patron's hair from the (**end, middle**) of the nape.
10. Sanitize the shampoo bowl (**after, before**) for each patron.



Let Us Do

A. SEQUENCE

Direction: Listed below are the procedures in shampooing and conditioning. Arrange the steps in sequential order by alphabet from A-M. Write the letters in the space provided.

- _____ Use one hand to lift part of the hair, soak the scalp with water, and thoroughly wet the hair. Move one of your hands and soak the scalp with water
- _____ Start combing the patron's hair from the end of the nape
- _____ Rinse hair thoroughly with a strong spray of lukewarm water.
- _____ Ask the patron to sit by the shampoo bed. Let the customer sit comfortably in a chair.
- _____ Squeeze excess moisture from the hair and apply conditioner. Distribute the conditioner by combing the hair.
- _____ Blow-dry and style the hair according to the patron's desires.
- _____ Turn on the water sprayer and direct the nozzle at the patron's hair. Adjust the water temperature according to the patron's needs.
- _____ Dry the hair with a towel.
- _____ Shampoo again, if necessary, then rinse with water.
- _____ Apply a small amount of shampoo around the hair, then use your fingers to lather.
- _____ Draw the back of the shampoo cape on the outside of the shampoo chair to prevent water from leaking from the client's back.

- _____ Leave the conditioner for 10 minutes or follow the manufacturer's recommendations
- _____ Manipulate the scalp.

B. SHOW ME!

Direction: Create a scrapbook that demonstrates the following procedures:

- Shampooing and conditioning
- Sanitation after shampooing and conditioning.



Let Us Apply

THINK AND SHARE!

Direction: Answer the following questions briefly. Write your answers in the activity notebook.

1. How will you perform the correct draping for basic shampooing and conditioning?

2. What are the benefits of massage during shampooing and conditioning?

3. Why is shampooing and conditioning important in maintaining a healthy scalp and hair?



Rubrics

Show Me: Scrapbook will be rated using the rubrics below:

Criteria	Points	Score
General Appearance	5	
Accuracy	5	
Labels	5	
Neatness	5	

Think and Share will be rated using the rubrics below

CRITERIA	Excellent 10	Very Good 8	Good 6	Fair 4
Clarity	Exceptionally clear and easy to understand	Generally clear and quite easy to understand	Lacks clarity and difficult to understand	Unclear and cannot understand.
Comprehensiveness	A thorough explanation	A substantial explanation	Partial or not comprehensive explanation	Misunderstanding of serious misconception on the explanation
Relevance	Highly relevant	Generally relevant	Somewhat relevant	Irrelevant



References

MELC TLE Hairdressing: Code TLE_HEHD9-12HP-IIa-b-1 pages 485

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Dayot E.S. (2020), Quarter 1, Module 1: *Apply Shampoo and Conditioner of Hairdressing 11*, First Edition, 2020

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